



## Advice to All Parents - warn and inform

Dear Parents,

We have been advised that there has been a confirmed case of COVID-19 within the school.

NHS Test and Trace may be in contact with children who have been identified as a close contact and provide further advice. You will be informed of what steps you need to take if this applies to you.

The school remains open and your child should continue to attend as normal if they remain well. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

### How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- get vaccinated – everyone aged 12 and over can [book COVID-19 vaccination appointments](#) now
- wash your hands with soap and water or use hand sanitiser regularly throughout the day
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places
- participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). Please log your results here: <https://www.gov.uk/report-covid19-result>

### Further information

Further information is available at [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

Yours sincerely

Stephen Thomas  
Acting Principal

## **Information and support**

### **What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19**

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child does develop symptoms, they should get a PCR test and remain at home at least until the result is known. [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-pcr-test-to-check-if-you-have-coronavirus-covid-19). If positive, the child should isolate for 10 days after their symptoms appeared.

You may now be able to leave isolation early, subject to government guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If you are concerned about your child's symptoms, you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.